Little Warrior Nation (LWN) is an exciting extracurricular opportunity for VCES students to learn the fundamentals of a wide variety of sports. VCHS coaches and student-athletes from the different athletic disciplines travel to the elementary campus to teach skills and share devotions, testimonies, and lessons on effort, teamwork, and sportsmanship.

- LWN takes place right after school and ends at 4:30pm.
- Each two-week session costs $25.
- Register online at elemportal.net (enrollment is limited).

“The goal is to facilitate the physical, social, emotional, moral, and spiritual development of these Little Warriors within the context of athletic training.”

Eric Scharrenberg
VP K-12 Athletics & Physical Education
**4th-5th grade**
The 4th-5th grade sessions are designed for those who are serious about developing their sports skills. Students will be divided into groups based on their experience and ability. Students need to arrive wearing appropriate attire for the sport.

### All Sports

<table>
<thead>
<tr>
<th>Grade</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>K-1st</td>
<td>Oct. 8, 10, 15, 17</td>
</tr>
<tr>
<td>2nd-3rd</td>
<td>Oct. 9, 11, 16, 18</td>
</tr>
<tr>
<td>K-1st</td>
<td>April 1, 3, 8, 10</td>
</tr>
<tr>
<td>2nd-3rd</td>
<td>April 2, 4, 9, 11</td>
</tr>
</tbody>
</table>

**K-3rd grade**
K-3rd grade sessions are taught by Elementary PE teacher Dom Pennix, and help young athletes build a sports foundation while having fun.

### Additional Events
- Big Buddy Lunch with high school athletes in both the fall (October 15) and the spring (March 11)
- Little Warrior Nation End-of-Year Celebration (May 6 at Leigh Campus)
- 2nd-5th Track & Field Meet: May 9
Inside Look

The Inside Look program is a unique opportunity for 4th-5th grade students to get a glimpse at what game day is really like for VCHS student-athletes. Each sport will have a slightly different experience, but all the young Warriors will walk away with a deeper appreciation for the effort, teamwork, and sportsmanship required to participate on a high school team. There is no cost for students to participate in the program if they have paid to attend a sports session. Game dates, times, and sign-up procedures will be communicated through the Chimes newsletter.

Inside Look Opportunities

**Fall**
Football
October 12

Volleyball
October 4

**Winter**
Basketball
February 1

**Spring**
Baseball
March 22

Contact us

Register online at elemportal.vcs.net/enrichment
Athletic Office 408-513-2455

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