

Drug, Alcohol, Tobacco and Steroid Policy

Valley Christian Schools is a drug, alcohol, tobacco, and steroid free school. As a member of an athletic team, student-athletes will refrain from using alcohol, drugs, and tobacco in accordance with school policy. If a coach or parent becomes aware of any situation involving use or possession of illegal drugs, alcohol or other prohibited substances, they should immediately bring the information to the Athletic Director, Dean of Students or Principal.

Steroid Policy: As a condition of membership in the California Interscholastic Federation, the Central Coast Section, and the West Catholic Athletic League, Valley Christian Schools has adopted policies prohibiting the use of androgenic/anabolic steroids. As a member school of WCAL, all participating student athletes and their parents, legal guardian/care giver agree that the athlete will not use steroids without the written permission of a fully licensed physician in the State of California recognized by the American Medical Association to treat a medical condition (Bylaw 524).

It is the policy of Valley Christian Schools to oppose the use of performance enhancing supplements such as Creatin and Androstenedione etc. All coaches, teachers, and staff members of Valley Christian Schools will not promote, sell, and/or distribute any supplements marketed as "muscle building". The athletic department takes the position that all student-athletes should make positive lifestyle choices formed by a Christian conscience and a loving responsibility and accountability to coaches and the members of the team. Valley Christian Schools student-athletes will compete and reach their full potential, but will do it based on their natural, God-given abilities, without the introduction of foreign substances into their bodies.

By signing that they have read and understand the Valley Christian Athletic Handbook, the participating student-athlete, parents, legal guardians/caregiver agrees that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician as recognized by the American Medical Association and licensed in the State of California to practice medicine. Under CIF Bylaw 200 D, there could be penalties for providing false or fraudulent information. Valley Christian Schools' policy regarding the use or possession of any illegal drugs or other prohibited substances and the accompanying disciplinary action will be enforced for any violations of these rules.

Student-athletes will be disciplined and/or dismissed from an athletic team and/or attendance and/or enrollment if they participate in the use or possession of drugs, alcohol, tobacco, steroids or other prohibited substances. These substances are illegal and may be harmful to your body and personal well-being.